Breakfast Club Allergen Information

Food	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin Iupin Risur	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame oil	Soya	Sulphur Dioxide
Rice														
Krispies		X												
Shreddies														
		X								X				
Cheerios		Х								Х				
Corn		Х								Х				
Flakes														
Milk							X							
Porridge														
Toast		Х											Х	
Crumpets		Х		Х			Х					Χ	Х	
Laughing Cow							Х							
Cheese Cheese														
Slices							X							
Cheddar							Х							
Lurpak							Х							
Fruit														

Items marked with a cross may contain this allergen