

## Healthy Teeth in Schools

Tower Hamlets Primary Care Trust  
NHS East London and the City  
4th Floor, Aneurin Bevan House  
81 Commercial Road  
London E1 1RD

### **Fluoride Varnish Scheme in the Tower Hamlets Area**

Dear Parents,

As you may be aware, for the past three years your child's school has been involved with the Healthy Teeth in Schools Fluoride Varnish scheme, organised by the Tower Hamlets Primary Care Trust. This has involved dentists and dental nurses visiting your school to screen the children's teeth and apply two coatings of fluoride varnish per year to the teeth to reduce the risk of decay.

The Department of Health advises that every child under the age of 16 should receive 2 applications of fluoride varnish per year to improve their oral health by decreasing the risk of tooth decay. Therefore we encourage your children to take part in this free scheme available at your school to have their teeth checked and to get the advised fluoride varnish coatings.

At the moment we are only able to provide this service to children in nursery, reception and year one classes in the Tower Hamlets area.

**We will be coming into your school to hold a parents' question and answer session so we can tell you more about the scheme, what it involves and why we are doing it. It will also give you the opportunity to ask any questions you may have about it.**

The date for this question and answer session at your child's school is **Monday 5<sup>th</sup> November 2018 from 9.15 a.m. in the Training Room.**

At this session we will be giving out consent forms to be filled in so that you children can take part. Even if your child has already been involved in the scheme in previous years, you will still need to fill in a new consent form so that they can take part in this year's scheme.

I look forward to seeing you at the question and answer session on the above date.

Many thanks,

Sarah Morgan

(Dentist from the Healthy Teeth in Schools Programme, Tower Hamlets PCT)