## Lunchtime Menu Allergen Information Week One

| Food WEEK ONE | Celery | Cereals containing gluten | Crustaceans |  | Fish | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Sesame |  | Sulphur Dioxide |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Beefburger in a bun |  | X |  |  |  |  |  |  |  |  |  | X |  |  |
| Potato wedges |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Peas |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sweetcorn |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Seasonal salad |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese and crackers |  | X |  | X |  |  | X |  |  |  |  | X |  |  |
| Fruit |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Quorn dippers + sweet chilli sauce |  | X |  | $X$ |  |  | X |  |  |  |  | X |  | X |
| Rice |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cauliflower |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Green beans |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Yogurt |  |  |  |  |  |  | X |  |  |  |  |  |  |  |
| Piri Piri Chicken |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Herby Potatoes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mixed veg |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Carrots |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mac \& Cheese |  | X |  |  |  |  | X |  | X |  |  |  | X |  |
| Broccoli |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Corn on the Cob |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fish fillet fingers |  | X |  |  | X |  |  |  |  |  |  |  |  |  |
| Oven chips |  | X |  |  |  |  |  |  |  |  |  |  |  |  |
| Baked beans |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Bread |  | X |  |  |  |  |  |  |  |  |  |  |  |  |
| Coleslaw |  |  |  |  |  |  |  |  | X |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

