

Sun Safety at School

Old Church Nursery is concerned about protecting staff and pupils from sunburn and from skin damage that can be caused by the harmful ultra-violet rays in sunlight. Skin cancer is the most common form of cancer in the country. We will be encouraging children to avoid sunburn and overexposure to the sun by:

- helping them to seek the shade, particularly during the middle of the day
- encouraging them to wear suitable hats
- wearing clothing that protects the skin, particularly for outdoor activities and school trips
- using a high factor sunscreen (SPF 50+).

Staff will be encouraged to set an example. The school is reviewing the amount of shade available and considering what can be done about clothing and hats. Your views are welcomed.

You can help by encouraging your child to bring, and wear, a hat at school, particularly on sports days and school excursions. Please make sure that your child's hat is labelled with his/her name. Also encourage your child to wear longer sleeved shirts and longer shorts when outdoors. The school will remind parents of the sun safety policy from time to time, particularly around the start of the summer term, sports days, and outings.

Sunscreens provide added protection and may be useful when other measures are not available. Dermatologists recommend that a sunscreen with a sun protection factor (SPF) of 50 or above will provide children in this country with adequate protection.

If you wish to provide sunscreen for use in nursery, please label it with your child's name and give it to their keyworker. Staff will supervise the application of sunscreen.